



**7<sup>th</sup> AETF European Cup, 24-26<sup>th</sup> June 2016  
and  
International Taekwon-Do Cup for Children and Cadets,  
23<sup>rd</sup>-24<sup>th</sup> June 2016**

**Cluj Napoca, Romania**

**INVITATION**



At this special occasion of hosting the AETF European Cup 2016 in Cluj Napoca, Romania, I would like to welcome all the Grandmasters, Masters, Instructors, Competitors and Practitioners of our beautiful Taekwon-do community to our country to enjoy an amazing experience in the heart of Transylvania.

We are very enthusiastic to organize such a great event here in Romania and our Federation is working hard to offer all the event's guests an unforgettable sport and life experience.

Our goal is to offer the participants a beautiful and well-organized competition and also a great opportunity to discover the Romanian traditions.

See you soon in Cluj Napoca!

**Cosmin Oprescu II. Dan**  
**President of the Romanian ITF Taekwon-do Federation**





## 7<sup>th</sup> AETF European Cup, 24-26th of JUNE 2016

### GENERAL INFORMATION

**Designation:** 7th Junior and Senior European Taekwon-do ITF Cup

**Date:** 24th-26th JUNE, 2016

**Place:** Cluj Polivalent Sports Hall, Cluj-Napoca, 400375, Uzinei Electrice Street

**Organizers:** All Europe Taekwon-Do Federation (AETF) & Romanian ITF Taekwon-Do Federation



**Oprescu Cosmin II. Dan**  
President ITF Romania



**Master Alexandru Muresan VII. Dan**  
Member of the Organizing Committee

Contact Person of the Organizing Committee [secretary@taekwondo-itf.ro](mailto:secretary@taekwondo-itf.ro)

Facebook Page: <https://www.facebook.com/EuropeanTaekwondoCup2016>

Facebook Event: <https://www.facebook.com/events/206751833003683/>

Official website: [www.taekwondo-itf.ro](http://www.taekwondo-itf.ro)



## REGISTRATION

Registration of the competitors will be coordinated by All Europe Taekwon-Do Federation. The registration will be performed only using the on-line system through the AETF website.

From **1<sup>st</sup> April 2016** delegations must apply for the credentials through the A.E.T.F registration page from the following link: <http://eurocup2016.pztkd.lublin.pl/registration.php>.

For further information about the registration please visit the official web site for the Championships through <http://eurocup2016.pztkd.lublin.pl> or contact the AETF HQ at the email address: [champ@pztkd.lublin.pl](mailto:champ@pztkd.lublin.pl)

## ARRIVAL DATE AND MEETING POINT

Teams must arrive to Cluj Napoca on or before Friday 24<sup>th</sup> JUNE 2016 before 16.00 o'clock and must proceed to the meeting point in the Polivalent Sports Center for accreditation and all of the inscription and accommodation payments.

How to get to Cluj Napoca:

- by plane: [http://airportcluj.ro/zboruri?tip=1&id\\_locatie=0&data=&id\\_companie=0](http://airportcluj.ro/zboruri?tip=1&id_locatie=0&data=&id_companie=0),

-by car: <https://www.google.ro/maps/place/Cluj-Napoca/>

## COMPETITORS AND EVENTS:

Competitors are divided into the following divisions:

### Age divisions:

a. JUNIORS: 14-18 years old

☐ Born in between 1998 and 2002 b.

SENIORS: 18 and older

☐ Born in or before 1998

Competitors born in 1998 can take part as a junior OR as a senior, but they must decide before the tournament in which category they would like to participate. Mixing/changing of age divisions is not allowed!

### Belt divisions:

Individual and/or Team:

a. Colour Belts - Blue and red belts (one division)

b. Black belts - 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> to 6<sup>th</sup> degree



#### Events:

- a. Individual Pattern
- b. Individual Sparring
- c. Team Pattern
- d. Team Sparring
- e. Pre Arranged sparring

Competitors shall compete in the divisions laid down in the following rules, but all competitors must be healthy and registered with their National Associations or their own School.

Competitors must be of blue belt grade or higher and be aged above 14 years old. The minimum age of 14 years must be attained by the competitor during the year 2016 (minimum year of birth 2002).

Only clubs and schools, that have a valid ITF plaque certificate, and/or national teams, representing countries that have paid the annual fee to the AETF, may take part in the European Cup.

#### ENTRY FEE:

Individual entry fees are **€ 60 Euros per competitor** (individual and/or team member). No refunds will be given for any reason even if a competitor is disqualified.

Team entry fees are **€ 50 Euros per team**. No refunds will be given for any reason even if a competitor is disqualified.

The competitors entry fees can be transferred electronically and must be cleared by **5th June, 2016** to the AETF Bank Account. Please remember to pay the transfer costs from your side, if the AETF has to pay for the transfer costs then you will need to pay this back on arrival.

**Incumbent: All Europe Taekwon-do Federation**

**Incumbent address: 5/B Milenijna, 20-884 Lublin, Poland**

**Bank: BPS SA. o/ Lublin**

**Bank address: 4 Karłowicza, 20-027 Lublin, Poland**

**Account: PL 04 1930 1709 2001 0021 0584 0001**

**SWIFT: POLU PL PR**

or paid by cash at arrival directly to the AETF registration point.

#### WEIGHT CHECK

At registration on Friday, 24<sup>th</sup> June 2016 from 12:00 till 18:00 hours. All competitors must find their own way to be present at the Weight check. If they don't make the weight until 18:00 o'clock, then they shall be removed from the sparring category and shall not be allowed to enter any other weight category.



#### **DRESS**

- a. Officials will wear the dress requirements as laid down in the I.T.F. Umpires rules.
- b. Competitors, while competing must wear the "OFFICIAL APPROVED" TKD dobok with badges officially approved by the I.T.F. The black belt must be of the official dimensions and must indicate the competitor's degree. Female competitors may wear a white T-shirt under the dobok jacket.
- c. It is NOT obligatory to have the name of the country on the back of the dobok.
- d. It is ALLOWED to have club logo on the dobok.
- e. Sponsorship is allowed on the left sleeve measuring 5 x 8 cm.

#### **SAFETY EQUIPMENT AND PROTECTIVE WEAR**

1. Competitors must wear:
  - i. Red or blue colour hand and feet safety equipment of an approved type.
  - ii. Groin guards must be worn inside the dobok trousers – male only.
  - iii. Red or blue colour safety helmet of an approved model.
  - iv. Mouth guards being of a transparent colour.
2. Competitors may, optionally, wear the following:
  - i. Shin protectors.
  - ii. Breast protectors (must be worn INSIDE the dobok jacket) (female only).
  - iii. Groin guards must be worn inside the dobok trousers – female only. These all being of an approved type consisting of elasticised material with sponge or rubber type padding and containing no metal, bone or hard plastic or similar hard material whatsoever, nor involving the use of zip, lace or stud fasteners.
3. No other protective or safety equipment may be worn, except in special circumstances with the approval of the Tournament Committee.
4. All competitors with injuries which require bandaging or strapping of any kind must satisfy the Tournament doctor of their need, and obtain approval of type before performing i.e. no pins or hard material can be worn, neither can bandaging give extra support so that it constitutes an advantage to that competitor.
5. No jewellery, watches or other adornments may be worn, hair may be kept in place using a material of a soft elastic nature only, no grips or slides are allowed.

#### **INJURY LIABILITY AND INSURANCE – COMPETITORS**

All competitors must be in possession of Insurance coverage as the host is not responsible for any eventuality and/or injury.



## ACCOMMODATION

Booking of accommodation must be made by one person in charge from each team/club/country and ONLY through the Romanian ITF Taekwon-do Federation

The hotels will be at different distances from the sport stadium; therefore each delegation that needs local transportation should contact our Romanian ITF Taekwon-do Federation offers the following level of accommodation during the championships.

- ☐ Accommodation in 3 and 4 star hotel rooms (near to the Sport hall) at the price of **€ 55,00** per person per night sharing a double/twin room or triple room, if the confirmation is till the **5th of May** after this date, the price will be **€ 60,00** per person per night sharing a double/twin room
- ☐ Single room accommodation at € 25,00 extra per person per day
- ☐ Accommodation includes breakfast, lunch and dinner. No drinks included. Regarding details of the accommodation options, will be send to the teams soon.

*In order to obtain the championships ID card all countries must apply for the hotel accommodation through our Romanian ITF Taekwon-Do Federation*

*Those countries and their participants NOT booking their Hotel accommodation through Romanian ITF Taekwon-Do Federation, shall pay € 50,00 per person to obtain the competition ID card.*

### Booking process:

More details about the accommodation options will be send separately to the teams before the **5th March 2016**.

## VISA

Countries who need VISA for entering Romania should apply for it to the Romanian Embassy in their country as soon as possible.

Send a copy of the Official Invitation letter to the Romanian Embassy and a list with the names of the persons travelling, dates of birth, passport date of issue and expire, name, address, telephone and e-mail to the head of the group during travelling.

Important! Please also send a copy of this list to secretary- by e-mail: [secretary@taekwondo-itf.ro](mailto:secretary@taekwondo-itf.ro)

## CURRENCY

Romanian lei (RON) - see the current approximate rates on: [www.bnr.ro](http://www.bnr.ro)



## IMPORTANT DATES

- ☐ **5th May 2016** – First Deadline for all reservations of accommodation
- ☐ **5th June, 2016** – Deadline for payment the entry fee by bank transfer to AETF account (does not concern if payment is made by cash upon arrival)
- ☐ **15th May, 2016** – Last date to make some small changes in accommodation
- ☐ **17th June, 2016** – Deadline for the online registration
- ☐ **20th June, 2016** – Publication of draws online

## PRELIMINARY SCHEDULE

- ☐ **Thursday, 23<sup>rd</sup> June, 2016**
  - Arrival of teams, registration of Children and Cadet Competition
- ☐ **Friday, 24<sup>th</sup> June, 2016**
  - Children and Cadet Competition
  - Registration and weigh-in of European Cup competitors
- ☐ **Saturday, 25<sup>th</sup> June, 2016**
  - Junior and Senior European Cup
  - Opening Ceremony of the European Cup
- ☐ **Sunday, 26<sup>th</sup> June, 2016**
  - Junior and Senior European Cup
  - EuroCup MEGA 2016 Party

## COACHES

For individual or team competition there will be only one (1) coach close to the square. During the tournament, coaches must wear a training suit, gymnastic shoes and carry a towel. They will be seated at least one (1) meter away from the square. They must not interfere in the competition by action or words. They are the only ones allowed to present an official protest.

Failure to abide by the above mentioned rules may render the coach liable to be disqualified from his advisory position.

## UMPIRES

The Organizing Committee will cover full board accommodation in a \*\*\*\* hotel (water included) for 5 days / 4 nights from **Thursday 23rd June 2016 to Monday 27th June 2016** or maximum of 2 umpires from each participating school/club/country (for maximum 60 umpires), by the following criteria:

- ☐ School/Club/Country with 0-4 competitors may accredit 1 Umpire (not obligatory)
- ☐ School/Club/Country with 5-15 competitors must accredit 1 Umpire
- ☐ School/Club/Country with more than 15 competitors must accredit 2 Umpires
- ☐ School/Club/Country that do NOT accredit an Umpire shall pay a 200,00 € fine for every missing Umpire.





Those umpires who work for the whole tournament will be entitled for a per diem allowance. All applications for umpires must be consulted with Organizing Committee. In case of reached quota, application for umpires may be cancelled (without fine) even for teams with 5 or more competitors. Umpires will wear the dress requirements as laid down in the ITF Umpire rules.

#### **ATTENTION!**

Countries should send their UMPIRE application form ("*European Cup 2016 Umpire application form*") to Mr. Attila SOLTI ( [soltiattilazsolt@gmail.com](mailto:soltiattilazsolt@gmail.com)) with a copy to the AETF HQ ( [champ@pztkd.lublin.pl](mailto:champ@pztkd.lublin.pl) ) AND on or before **15<sup>th</sup> April, 2016** in order to be accepted as an Umpire for the European Cup 2016.

The AETF HQ shall provide the Umpire rooming list to Roumanian Taekwon-do ITF Federation on or before **20<sup>th</sup> April 2016** who shall then take care of the required hotel accommodation.

#### **AWARDS (Male and Female)**

##### Individual

1<sup>st</sup>, 2<sup>nd</sup> and two (2) 3<sup>rd</sup> place winners are awarded with medals, 1<sup>st</sup> T-shirt Best individual junior female/male competitor, Trophy and T-shirt  
Best individual senior female/male competitor, Trophy and T-shirt

##### Team

1<sup>st</sup>, 2<sup>nd</sup> and two (2) 3<sup>rd</sup> place winners are awarded with medals  
Overall junior club/school winner  
1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners are awarded with trophy  
Overall senior club/school winner  
1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners are awarded with trophy  
Overall club/school winner  
1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners are awarded with trophy  
The best schools will be selected according to the point classification below:

##### Colour belt category:

1<sup>st</sup> place – 3 points  
2<sup>nd</sup> place – 2 points  
3<sup>rd</sup> place – 1 point

##### Black belt category:

1<sup>st</sup> place – 5 points  
2<sup>nd</sup> place – 3 points  
3<sup>rd</sup> place – 2 point

All points from Individual and Team events (Male and Female) will be counting except those with less than 4 competitors/teams.





## **DIVISION OF COMPETITION**

Competition is divided into INDIVIDUAL and TEAM match.

Pattern, Sparring and Pre-arranged sparring events will be decided by the pyramid tournament system.

### **TEAM**

Junior and Senior Team match is divided into:

Pattern Male/Female

Sparring Male/Female

Each team may perform in Pattern and Sparring.

In Sparring competitors may be of any weight.

## **COMPETITORS NUMBERS – INDIVIDUAL AND TEAM**

### **TEAM (Male and Female)**

Teams may consist of a maximum of ten (10) competitors (not necessarily chosen out of the Individual competitors)

### **TEAM**

#### Male

Out of the ten (10) competitors a minimum of 5 competitors + 1 reserve (optional) may compete in Pattern.

Out of the ten (10) competitors a minimum of 3 and a maximum of 5 competitors + 1 reserve (optional) may compete in Sparring.

#### Female

Out of the ten (10) competitors a minimum of 5 competitors + 1 reserve (optional) may compete in Pattern and Sparring events.

Out of the ten (10) competitors a minimum of 3 and a maximum of 5 competitors + 1 reserve (optional) may compete in Sparring.

Changes of the team competitors are not allowed once they have been indicated for the various team events.

NOTE: If there is more than one team representing a school/country, one team member can compete in pattern or sparring only in the same team (Team 1 or Team 2). Therefore the participation e.g. in Team 1 for pattern and Team 2 for sparring is not allowed.

## **PATTERN DIVISIONS**

Male/female

Individual/Team



#### ELIMINATIONS – INDIVIDUAL

The pyramid system of elimination will be used. Competitors will compete 1 to 1 and will perform simultaneously one (1) designated Pattern. In the semi-finals and finals there will be two (2) designated Patterns (one from the last three, and one from all the others). The Judges will choose the best competitor to go forward to the next round.

#### PERFORMANCE AND DECISIONS – INDIVIDUAL

- ☐ Blue and red belts will compete with blue and red belts the designated Pattern being any one from
  - o CHON-JI to JOONG-GUN in case of 4. gup
  - o CHON-JI to TOI-GYE in case of 3. gup
  - o CHON-JI to HWA-RANG in case of 2. gup
  - o CHON-JI to CHOONG-MOO in case of 1. gup
- ☐ 1<sup>st</sup> degree will compete with 1<sup>st</sup> degree with the designated Pattern being any one from CHON-JI to GE-BAEK.
- ☐ 2<sup>nd</sup> degree will compete with 2<sup>nd</sup> degree with the designated Pattern being any one from CHON-JI to JUCHE.
- ☐ 3<sup>rd</sup> degree will compete with 3<sup>rd</sup> degree with the designated Pattern being any one from CHON-JI to CHOI-YONG.
- ☐ 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> degree will compete with 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> degree with the designated Pattern being any one from CHON-JI to MOON-MOO.

#### ELIMINATION – JUNIOR AND SENIOR – TEAM

The pyramid system of elimination will be used. Both teams shall perform one (1) optional Pattern, beginning from the semi-finals one (1) designated and one (1) optional Pattern. The judges will choose the better one to go forward to the next round.

In the case of a draw a designated Pattern, from all the remaining patterns, shall be drawn from a basket or electronically and must be performed until the winner is decided.

#### PERFORMANCE AND DECISIONS – TEAM

Each Team (five (5) competitors) must perform together one (1) optional Pattern, beginning from the semi-finals one (1) designated and one (1) optional Pattern.

##### a. Colour belt teams

- o The optional and designated Pattern being any from CHON-JI to the pattern defined by the individual pattern categories above, according to the lowest belt level in the team.

##### b. Black belt teams

- o The optional and designated Pattern being any from CHON-JI to GE-BAEK

They may line up in any format they choose and team members may perform movements



individually, or together, as they choose, but it must be seen to be teamwork. For example: one team member may not perform moves of the Pattern on his own without the other team members following in unison.

## **SPARRING DIVISIONS**

### **INDIVIDUAL**

(A) Male and Female groups.

(B) Weights

### **JUNIOR WEIGHT DIVISIONS (14-18 years old)**

#### Male:

- a. MICRO Up to 50 kg
- b. LIGHT Over 50 to 56 kg
- c. MIDDLE Over 56 to 62 kg
- d. LIGHT HEAVY Over 62 to 68 kg
- e. HEAVY Over 68 to 75 kg
- f. HYPER Over 75 kg

#### Female:

- a. MICRO Up to 45 kg
- b. LIGHT Over 45 to 50 kg
- c. MIDDLE Over 50 to 55 kg
- d. LIGHT HEAVY Over 55 to 60 kg
- e. HEAVY Over 60 to 65 kg
- f. HYPER Over 65 kg

### **SENIOR WEIGHT DIVISIONS (18 years and older)**

#### Male:

- a. MICRO Up to 57 kg
- b. LIGHT Over 57 to 63 kg
- c. MIDDLE Over 63 to 70 kg
- d. LIGHT HEAVY Over 70 to 78 kg
- e. HEAVY Over 78 to 85 kg
- f. HYPER Over 85 kg

#### Female:

- a. MICRO Up to 50 kg
- b. LIGHT Over 50 to 56 kg
- c. MIDDLE Over 56 to 62 kg
- d. LIGHT HEAVY Over 62 to 68 kg
- e. HEAVY Over 68 to 75 kg
- f. HYPER Over 75 kg

N.B.: In individual sparring matches competitors shall participate in the category according to their weight. It is not allowed to participate in any other weight class.

The pyramid system of elimination will be used.

### **TEAM**

#### **JUNIOR AND OR SENIOR – TEAM**

Each Sparring Team (Male and/or Female of any degree and weight) must consist of a minimum of three (3) and a maximum of five (5) competitors and one (1) reserve (optional).



#### DURATION OF BOUTS & DECISIONS

Individual elimination and final bouts will be for:

- a. Black Belts seniors – two (2) rounds of two (2) minutes with a one-minute break between rounds.
- b. Black Belts juniors and Blue/Red Belts juniors and seniors - (2) rounds of one and half (1,5) minutes with a one-minute break between rounds.

Team:

Each team bout will be one (1) round of two (2) minutes.

#### **ATTENTION!**

**In according to the AETF European Cup Tournament Rules in team matches the following decisions will apply:**

(The “old” rules of team sparring)

- i. When three (3) or four (4) corner referees give a decision in favour of one competitor then that competitor is the winner and two (2) points will be added to the team score.
- ii. When three (3) or four (4) corner referees decide that it is a draw then one (1) point will be added to each team score.
- iii. When two (2) corner referees give a decision in favour of one competitor (two (2) for one competitor + one (1) for the other + one (1) given it as a draw or two (2) giving it as a draw) then that competitor who got the decision of the two (2) corner referees is the winner and two (2) points will be added to the team score.
- iv. When two (2) corner referees give a decision in favour of one competitor and the other two (2) corner referees give a decision in favour of the other competitor then the result will be a draw and one (1) point will be added to each team score.
- v. When all five (5) bouts are finished and the result is a draw then each coach will select one (1) competitor to spar an extra bout of two (2) minutes. The team whose competitor wins this bout will be the winner.
- vi. If at this time it results in a further draw then the first scored point will decide who the winner is.
- vii. When two (2) corner referees give a decision in favour of one competitor in case of the first scored point bout then that competitor is the winner.

#### **PRE ARRANGED SPARRING**

Male, Female and/or Mixed Couples (Black Belts ONLY)

JUNIOR AND SENIOR

Pre-arranged sparring events will be decided by the pyramid tournament system.

#### **DISPUTE PROCEDURE**



## PROTEST

- a. Only the Coach can present a protest when a decision seems to violate the rules.
- b. Each protest must be written in the English language on the official protest form and presented to the Chairman of the Umpire Committee within five (5) minutes from the end of the match.

The protest must be precise and circumstantial and must be accompanied by a fee that will be fixed by the Tournament Committee at the beginning of each tournament, in order to limit such protests to cases where decisions are really questionable.

Only in cases where the Umpire Committee positively accepts the protest the fee will be returned to the coach.

- c. The Umpire Committee will then examine the circumstances of the protest and will decide:
  - i. to validate the match;
  - ii. to repeat the match;
  - iii. to assign the victory of the match to the loser;
  - iv. to disqualify both competitors.
- d. In case of a protest the winner cannot compete again before the decision of the Umpire Committee has been made.

## DECISIONS

- a. In order to give a decision the Umpire Committee may call on anyone else they desire to give evidence concerning the protest.
- b. On reaching a decision the Umpire Committee will notify all parties concerned of this decision.
- c. The Umpire Committee will at all times base their decision on the rules laid down in this document and their decision cannot conflict with the rules of this document.

## DISQUALIFICATION

Team Managers/Representatives or Individuals who persist in arguing against decisions made by the Tournament Committee may, at their discretion, have the whole team, school or club or the individual, disqualified from all further events at the championship.

The Tournament Committee will consider the matter at a later date with a view to further action being taken.

## ANNOUNCEMENTS

It will be announced in which square an event will take place and it is the responsibility of the competitors/teams to be close to the square so that they may compete without delay when called upon to do so. They will be called to the red or blue side of the square complete with any equipment



(such as safety equipment) which they require. Should they not come forward immediately then their name and/or country will be called for a second time. Should the individual/team still not come forward to the square within one (1) minute from the second call then they will be disqualified.

#### **EQUIPMENT CHECK**

Competitors' dobok and/or equipment check will take place outside of the square to ensure that they are of an officially approved type and that they are not defective. Should any item(s) not be satisfactory then they must be changed. The competitor/team has a maximum of three **(3)** minutes to change what is requested, following which they will be disqualified and the match points awarded to the opponent where appropriate.

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Contact of accommodation, hotel booking, transportation:

Mr. Ciprian Banea  
[cipi\\_banea@yahoo.com](mailto:cipi_banea@yahoo.com)

Contact of Organizing Committee:

Mr. Cosmin Oprescu  
[president@taekwondo-itf.ro](mailto:president@taekwondo-itf.ro)

Contact of Umpire related matters:

Mr. Attila Zsolt SOLTÍ:  
[soltiattilazsolt@gmail.com](mailto:soltiattilazsolt@gmail.com)

We are waiting for you in Cluj-Napoca, Romania, if you have any question, please do not hesitate to contact us, and follow our official channels.

See you soon!



## International Taekwon-Do Cup for Children and Cadets

### GENERAL INFORMATION

<b>Designation:</b>	<b><i>International ITF Taekwon-Do Cup for Children and Cadets</i></b>
<b>Date:</b>	24th June 2016
<b>Place:</b>	<b>Cluj Polivalent Sports Hall, Cluj-Napoca, 400375, Uzinei Electrice Street</b>
<b>Organizers:</b>	<b><i>Romanian ITF Taekwon-Do Federation</i></b>

Contact Person of the Organizing Committee: [secretary@taekwondo-itf.ro](mailto:secretary@taekwondo-itf.ro)

### REGISTRATION

Registration of the competitors will be coordinated by All Europe Taekwon-Do Federation. The registration will be performed only using the on-line system through the AETF website.

From **1<sup>st</sup> April 2016** delegations must apply for the credentials through the A.E.T.F registration page from the following link: <http://eurocup2016.pztkd.lublin.pl/registration.php>.

For further information about the registration please visit the official web site for the Championships through <http://eurocup2016.pztkd.lublin.pl> or contact the AETF HQ at the email address: [champ@pztkd.lublin.pl](mailto:champ@pztkd.lublin.pl)

### ARRIVAL DATE AND MEETING POINT

Teams must arrive to Cluj Napoca on or before thursday 23 JUNE 2016 before 16.00 o'clock and must proceed to the meeting point in the Polivalent Sports Center for accreditation and all of the inscription and accommodation payments.

How to get to Cluj Napoca:

- by plane: [http://airportcluj.ro/zboruri?tip=1&id\\_locatie=0&data=&id\\_companie=0](http://airportcluj.ro/zboruri?tip=1&id_locatie=0&data=&id_companie=0)

- by car: <https://www.google.ro/maps/place/Cluj-Napoca/>





#### **COMPETITORS AND EVENTS:**

Competitors are divided into the following divisions:

##### **Age divisions:**

- a. CHILDREN: 10-12 years old

Born in between 2004 and 2006

- b. CADETS: 12-14 years old

Born in between 2002 and 2004

Competitors born in 2002 can take part as a junior in the VI. European Cup OR as a cadet in the Children and Cadet Cup, but they must decide before the tournament in which category they would like to participate. Mixing/changing of age divisions is not allowed!

Competitors born in 2004 can take part as a cadet or as a child in the Children and Cadet Cup, but they must decide before the tournament in which category they would like to participate. Mixing/changing of age divisions is not allowed!

##### **Belt divisions:**

In individual pattern (in sparring weight counts only):

Group 9-8-7

6-5-4

3-2-1

1 st degree

##### **Events:**

- a. Individual Pattern
- b. Individual Sparring

Competitors shall compete in the divisions laid down in the following rules, but all competitors must be healthy and registered with their National Associations or their own School.

Competitors must be of minimum 9. gup belt grade or higher and be aged above 10 years old. The minimum age of 10 years must be attained by the competitor during the year 2016 (minimum year of birth 2006).



#### **ENTRY FEE:**

Individual entry fee is **€ 20 Euros** per competitor.

No refunds will be given for any reason even if a competitor is disqualified.

Entry fee can be paid upon arrival or by bank transfer.

**Incumbent: FEDERATIA ROMANA DE TAEKWON-DO ITF**  
**Incumbent address: Str . Bradului ,Bl.15, Ap.12, Sc A,Calan, Hunedoara**  
**Bank: BCR BANK**  
**Bank address: Cluj Napoca, Str.George Baritiu nr.10-12 , ROMANIA**  
**Account: RO37RNCB0106026608380004**  
**SWIFT: RNCBROBU**

*Please write the name of the team/club/school to help identification!*

#### **WEIGHT CHECK**

At registration on Thursday, 23<sup>th</sup> June 2016 from 12:00 till 18:00 hours. All competitors must find their own way to be present at the Weight check. If they don't make the weight until 18:00 o'clock, then they shall be removed from the sparring category and shall not be allowed to enter any other weight category.

#### **DRESS**

- a. Officials will wear the dress requirements as laid down in the I.T.F Umpires rules.
- b. Competitors, while competing must wear the "OFFICIAL APPROVED" TKD dobok with badges officially approved by the I.T.F. The black belt must be of the official dimensions and must indicate the competitor's degree. Female competitors may wear a white T-shirt under the dobok jacket.
- c. It is NOT obligatory to have the name of the country on the back of the dobok.
- d. It is ALLOWED to have club logo on the dobok.
- e. Sponsorship is allowed on the left sleeve measuring 5 x 8 cm.

#### **SAFETY EQUIPMENT AND PROTECTIVE WEAR**

1. Competitors must wear:
  - a. Red or blue colour hand and feet safety equipment of an approved type.
  - b. groin guards must be worn inside the dobok trousers – male only.
  - c. Red or blue colour safety helmet of an approved model.
  - d. Mouth guards being of a transparent colour.



- 2 Competitors may, optionally, wear the following:
  - a. Shin protectors.
  - b. Breast protectors (must be worn INSIDE the dobok jacket) (female only).
  - c. Groin guards must be worn inside the dobok trousers – female only. These all being of an approved type consisting of elasticised material with sponge or rubber type padding and containing no metal, bone or hard plastic or similar hard material whatsoever, nor involving the use of zip, lace or stud fasteners.
- 3 No other protective or safety equipment may be worn, except in special circumstances with the approval of the Tournament Committee.
- 4 All competitors with injuries which require bandaging or strapping of any kind must satisfy the Tournament doctor of their need, and obtain approval of type before performing i.e. no pins or hard material can be worn, neither can bandaging give extra support so that it constitutes an advantage to that competitor.
- 5 No jewellery, watches or other adornments may be worn, hair may be kept in place using a material of a soft elastic nature only, no grips or slides are allowed.

#### **INJURY LIABILITY AND INSURANCE – COMPETITORS**

All competitors must be in possession of Insurance coverage as the host is not responsible for any eventuality and/or injury.

#### **ACCOMMODATION**

Booking of accommodation must be made by one person in charge from each team/club/country and ONLY through the Romanian ITF Taekwon-Do Federation

The hotels will be at different distances from the sport stadium; therefore each delegation that needs local transportation should contact our Romanian ITF Taekwon-Do Federation offers the following level of accommodation during the championships.

Accommodation in 3 and 4 star hotel rooms (near to the Sport hall) at the price of **€ 55,00** per person per night sharing a double/twin room, if the confirmation is till the **5<sup>th</sup> May 2016**, after this date, the price will be **€ 60,00** per person per night sharing a double/twin room.

Single room accommodation at € 25,00 extra per person per day

Accommodation includes breakfast, lunch and dinner. No drinks included. Regarding details of the accommodation options, will be send to the teams soon.



*In order to obtain the championships ID card all countries must apply for the hotel accommodation through our Romanian ITF Taekwon-do Federation*

*Those countries and their participants NOT booking their Hotel accommodation through Romanian ITF Taekwon-do Federation, shall pay € 50,00 per person to obtain the competition ID card.*

#### **Booking process:**

More details about the accommodation options will be send separately to the teams before **5<sup>th</sup> of March 2016**.

#### **VISA**

Countries who need VISA for entering Romania should apply for it to the Romanian Embassy in their country as soon as possible.

Send a copy of the Official Invitation letter to the Romanian Embassy and a list with the names of the persons travelling, dates of birth, passport date of issue and expire, name, address, telephone and e-mail to the head of the group during travelling.

Important! Please also send a copy of this list to secretary- by e-mail: [secretary@taekwondo-itf.ro](mailto:secretary@taekwondo-itf.ro)

#### **CURRENCY**

Romanian lei (RON) - see the current approximate rates on: [www.bnr.ro](http://www.bnr.ro)

#### **IMPORTANT DATES**

- ☐ **5<sup>th</sup> May, 2016** – First Deadline for all reservations of accommodation
- ☐ **5<sup>th</sup> June, 2016** – deadline for payment the entry fee by bank transfer to Romanian ITF Taekwon-Do Federation account (does not concern if payment is made by cash upon arrival)
- ☐ **15<sup>th</sup> May, 2016** – Last date to make some small changes in accommodation
- ☐ **17<sup>th</sup> June, 2016** – Deadline for the online registration
- ☐ **20<sup>th</sup> June, 2016** – Publication of draws online

#### **PRELIMINARY SCHEDULE**

- ☐ **Thursday, 23<sup>rd</sup> June, 2016**
  - Arrival of teams, registration of Children and Cadet Competition
- ☐ **Friday, 24<sup>th</sup> June, 2016**
  - Children and Cadet Competition
- ☐ **Saturday, 25<sup>th</sup> June, 2016**
  - Junior and Senior European Cup
  - Opening Ceremony of the European Cup



- **Sunday, 26<sup>th</sup> June, 2016**
  - Junior and Senior European Cup
  - EuroCup MEGA 2016 Party

## COACHES

For individual or team competition there will be only one (1) coach close to the square. During the tournament, coaches must wear a training suit, gymnastic shoes and carry a towel. They will be seated at least one (1) meter away from the square. They must not interfere in the competition by action or words. They are the only ones allowed to present an official protest.

Failure to abide by the above mentioned rules may render the coach liable to be disqualified from his advisory position.

## UMPIRES

The Organizing Committee will cover full board accommodation in a \*\*\*\* hotel (no drinks included) for 5 days / 4 nights from **Thursday 23rd June 2016** to **Monday 27th June 2016** for maximum of 2 umpires from each participating school/club/country (for maximum 60 umpires), by the following criteria:

- a. School/Club/Country with 0-4 competitors may accredit 1 Umpire (not obligatory)
- b. School/Club/Country with 5-15 competitors must accredit 1 Umpire
- c. School/Club/Country with more than 15 competitors must accredit 2 Umpires
- d. School/Club/Country that do NOT accredit an Umpire shall pay a 200,00 € fine for every missing Umpire.

Those umpires who work for the whole tournament will be entitled for a per diem allowance. All applications for umpires must be consulted with Organizing Committee. In case of reached quota, application for umpires may be cancelled (without fine) even for teams with 5 or more competitors.

Umpires will wear the dress requirements as laid down in the ITF Umpire rules.

## ATTENTION!

Countries should send their UMPIRE application form ("*European Cup 2016 Umpire application form*") to Mr. Attila SOLTI ( [soltiattilazsolt@gmail.com](mailto:soltiattilazsolt@gmail.com)) with a copy to the AETF HQ ( [champ@pztkd.lublin.pl](mailto:champ@pztkd.lublin.pl)) AND on or before **15<sup>th</sup> April, 2016** in order to be accepted as an Umpire for the European Cup 2016.



The AETF HQ shall provide the Umpire rooming list to Romanian Taekwon-Do ITF Federation on or before **20<sup>th</sup> April 2016** who shall then take care of the required hotel accommodation.

### **AWARDS (Children and Cadets)**

#### Individual

1<sup>st</sup>, 2<sup>nd</sup> and two (2) 3<sup>rd</sup> place winners are awarded with medals, 1<sup>st</sup> T-shirt Best individual children female/male competitor, Trophy and T-shirt

Best individual cadet female/male competitor, Trophy and T-shirt

Overall children club/school winner

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners are awarded with trophy  
Overall cadets club/school winner

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners are awarded with trophy  
Overall club/school winner

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners are awarded with trophy

The best schools will be selected according to the point classification below:

#### Children and cadets categories:

1<sup>st</sup> place – 3 points

2<sup>nd</sup> place – 2 points

3<sup>rd</sup> place – 1 point

All points from Individual events (Children and Cadets) will be counting except those with less than 4 competitors/teams.

Pattern and Sparring events will be decided by the pyramid tournament system, special technics, by the sistem of points.



## **PATTERN DIVISIONS**

### **CHILDREN**

Group 9-8-7 gup

Group 6-5-4 gup

Group 3-2-1 gup

Group I. degree

### **CADETS**

Group 9-8-7 gup

Group 6-5-4 gup

Group 3-2-1 gup

Group I. Degree

## **ELIMINATIONS – INDIVIDUAL**

The pyramid system of elimination will be used. Competitors will compete 1 to 1 and will perform simultaneously one (1) designated Pattern. In the semi-finals and finals there will be two (2) designated Patterns (one from the last three, and one from all the others). The Judges will choose the best competitor to go forward to the next round.

## **PERFORMANCE AND DECISIONS – INDIVIDUAL**

The designated Pattern being any one from

- o CHON-JI in case of 9. gup
- o CHON-JI to DAN-GUN in case of 8. gup
- o CHON-JI to DO-SAN in case of 7. gup
- o CHON-JI to WON-HYO in case of 6. gup
- o CHON-JI to YUL-GOK in case of 5. gup
- o CHON-JI to JOONG-GUN in case of 4. gup
- o CHON-JI to TOI-GYE in case of 3. gup
- o CHON-JI to HWA-RANG in case of 2. gup
- o CHON-JI to CHOONG-MOO in case of 1. gup
- o CHON-JI to GE-BAEK in case of 1<sup>st</sup> degree

## **SPARRING DIVISIONS**

### **INDIVIDUAL**

- a. Boy and Girl groups.
- b. Weights





#### **CHILDREN WEIGHT DIVISIONS (10-12 years old)**

##### Boys:

- c. Up to 30 kg
- d. Over 30 to 36 kg
- e. Over 36 to 42 kg
- f. Over 42 to 48 kg
- g. Over 48 to 54 kg
- h. Over 54 kg

##### Girls:

- a. Up to 24 kg
- b. Over 24 to 30 kg
- c. Over 30 to 36 kg
- d. Over 36 to 42 kg
- e. Over 42 to 48 kg
- f. Over 48 kg

#### **CADETS WEIGHT DIVISIONS (12-14 years old)**

##### Boys:

- a. Up to 36 kg
- b. Over 36 to 42 kg
- c. Over 42 to 48 kg
- d. Over 48 to 54 kg
- e. Over 54 to 60 kg
- f. Over 60 kg

##### Girls:

- a. Up to 30 kg
- b. Over 30 to 36 kg
- c. Over 36 to 42 kg
- d. Over 42 to 48 kg
- e. Over 48 to 54 kg
- f. Over 54 kg

N.B.: In individual sparring matches competitors shall participate in the category according to their weight. It is not allowed to participate in any other weight class.

Individual Sparring categories must consist of at least two (2) competitors. In case of only one (1) competitor they shall be moved to another weight category.

The pyramid system of elimination will be used.

#### **DURATION OF BOUTS & DECISIONS**

Individual elimination and final bouts will be for two (2) rounds of one and half (1,5) minutes with a one-minute break between rounds.

#### **PROTEST**

- a. Only the Coach can present a protest when a decision seems to violate the rules.
- b. Each protest must be written in the English language on the official protest form and presented to the Chairman of the Umpire Committee within five (5) minutes from the end of the match.



The protest must be precise and circumstantial and must be accompanied by a tax that will be fixed by the Tournament Committee at the beginning of each tournament, in order to limit such protests to cases where decisions are really questionable.

Only in cases where the Umpire Committee positively accepts the protest the tax will be returned to the coach.

- c. The Umpire Committee will then examine the circumstances of the protest and will decide:
  - a. to validate the match;
  - b. to repeat the match;
  - c. to assign the victory of the match to the loser;
  - d. to disqualify both competitors.
- d. In case of a protest the winner cannot compete again before the decision of the Umpire Committee has been made.
- e. The Umpire Committee will then examine the circumstances of the protest and will decide:
  - a. to validate the match;
  - b. to repeat the match;
  - c. to assign the victory of the match to the loser;
  - d. to disqualify both competitors.
- f. In case of a protest the winner cannot compete again before the decision of the Umpire Committee has been made.

## DECISIONS

- viii. In order to give a decision the Umpire Committee may call on anyone else they desire to give evidence concerning the protest.
- ix. On reaching a decision the Umpire Committee will notify all parties concerned of this decision.
- x. The Umpire Committee will at all times base their decision on the rules laid down in this document and their decision cannot conflict with the rules of this document.

## DISQUALIFICATION

Team Managers/Representatives or Individuals who persist in arguing against decisions made by the Tournament Committee may, at their discretion, have the whole team, school or club or the individual, disqualified from all further events at the championship.



The Tournament Committee will consider the matter at a later date with a view to further action being taken.

#### **ANNOUNCEMENTS**

It will be announced in which square an event will take place and it is the responsibility of the competitors/teams to be close to the square so that they may compete without delay when called upon to do so. They will be called to the red or blue side of the square complete with any equipment (such as safety equipment) which they require. Should they not come forward immediately then their name and/or country will be called for a second time. Should the individual/team still not come forward to the square within one (1) minute from the second call then they will be disqualified.

#### **EQUIPMENT CHECK**

Competitors' dobok and/or equipment check will take place outside of the square to ensure that they are of an officially approved type and that they are not defective. Should any item(s) not be satisfactory then they must be changed. The competitor/team has a maximum of three (3) minutes to change what is requested, following which they will be disqualified and the match points awarded to the opponent where appropriate.

Contact of Organizing Committee:

[secretary@taekwondo-itf.ro](mailto:secretary@taekwondo-itf.ro)

Contact of Umpire related matters:

Mr. Attila Zsolt SOLTÍ:

[soltiattilazsolt@gmail.com](mailto:soltiattilazsolt@gmail.com)

Facebook event:

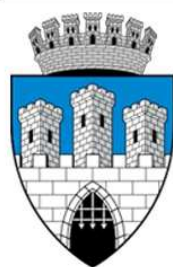
[www.facebook.com/events/216339472043283/](https://www.facebook.com/events/216339472043283/)

Facebook page:

[www.facebook.com/EuropeanTaekwondoCup2016/](https://www.facebook.com/EuropeanTaekwondoCup2016/)

Official website:

[www.taekwondo-itf.ro](http://www.taekwondo-itf.ro)



**7th EUROPEAN  
TAEKWON-DO  
CUP**  
Cluj-Napoca, Romania  
24th-26th June 2016

**LOCATION** Polivalent Hall, Cluj Napoca,  
<http://www.polivalentacluj.ro/>







**7th EUROPEAN  
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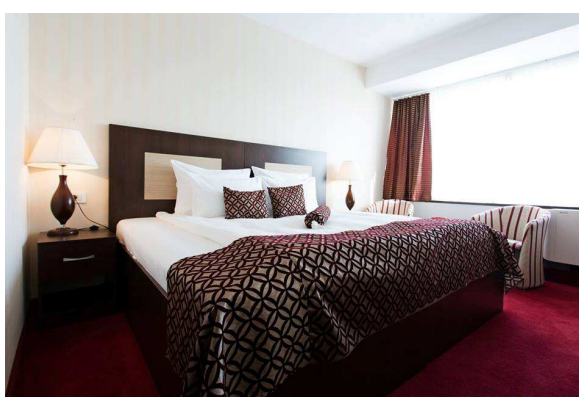
## ACCOMMODATION

**Belvedere Hotel**, No.1 Calarasilor Street, Cluj Napoca, <http://www.unita-turism.ro/ro/hotel/cluj-napoca/belvedere.html>





Grand Hotel Napoca, No.1 ,Octavian Goga Street, Cluj-Napoca, <http://www.hotelnapoca.ro/>







**West City Hotel**, 442 - 446 Avram Iancu Street, Floresti, Cluj Napoca, <http://www.westcityhotel.ro/>







# 7th EUROPEAN TAEKWON-DO CUP

Cluj-Napoca, Romania

24th-26th June 2016

CLUJ NAPOCA INTERNATIONAL AIRPORT <http://airportcluj.ro/>





### **Welcome to Cluj Napoca, Transylvania, Romania!**

In the heart of Transylvania, Cluj-Napoca awaits its visitors, with the silent full of history walls and hospitable people. Treasures of architecture and years of shaping people's minds have made this county special in its uniqueness. You'll see here the famous Transylvanian calm and reflexive mind, seriousness and pride. Come and explore all the ancient and modern beauties and opportunities!



Renowned in the past for its richness and also known as “The Treasure City”, Cluj offers nowadays a wide range of possibilities for personal and company development, owing to its geographical position, the local resources and, not least, the skill, education and seriousness of its inhabitants.

With one of the most vibrant economies in the country and a population of around 330,000, Cluj, is today a vibrant cultural and educational city. The six state and several private universities located here also make Cluj Napoca the city with the largest percentage of student population in Romania.

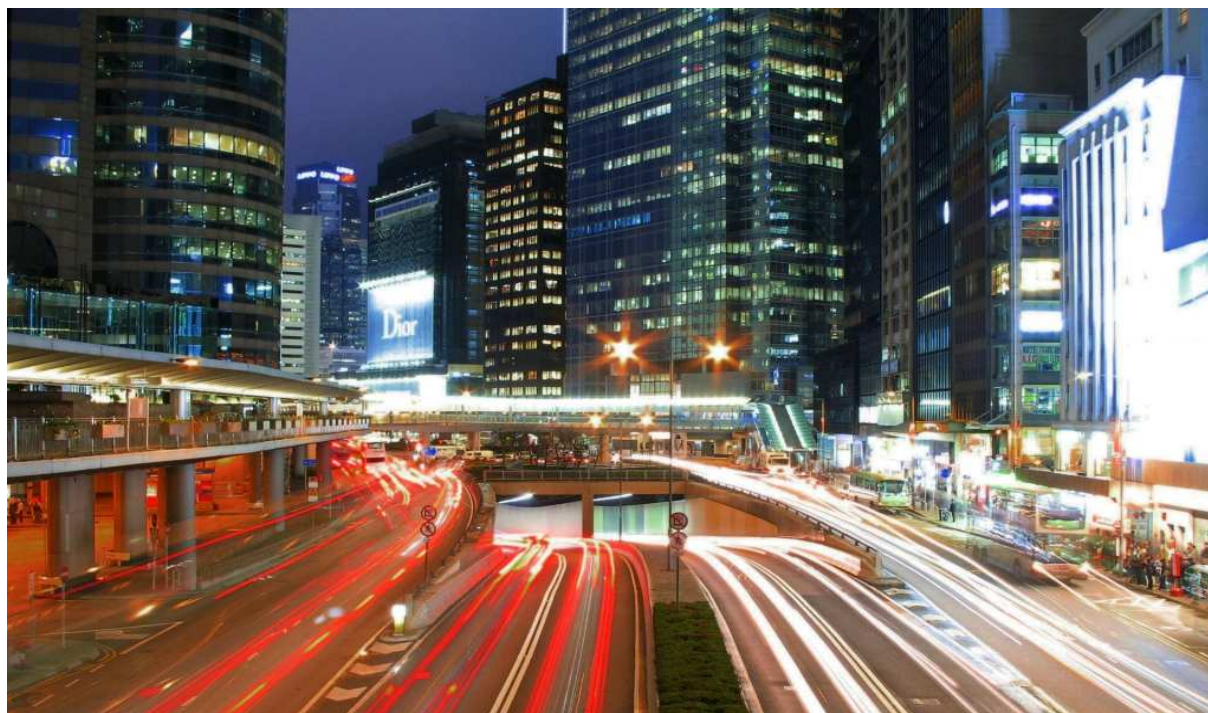




# 7th EUROPEAN TAEKWON-DO CUP

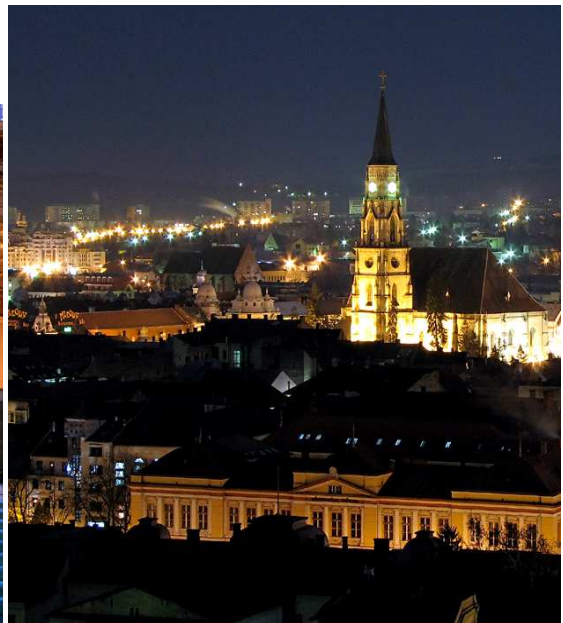
Cluj-Napoca, Romania

24th-26th June 2016





Last year, Cluj Napoca was designated as The European Youth Capital 2015.



*See you soon!*