



MIGHTYFIST EAGLES CUP

CHILDREN, CADET, JUNIOR, SENIOR, ADVANCED SENIOR
HUNGARY - 2022

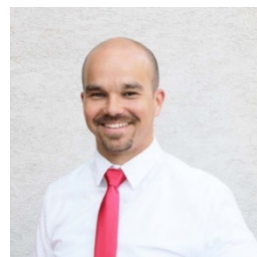
DESIGNATION: IX. MIGHTYFIST EAGLES CUP INTERNATIONAL
ITF TAEKWON-DO CHAMPIONSHIP

ORGANIZERS: Hungarian ITF Taekwon-do Federation
Sasok Sports Club
Zen Power Taekwon-do Club

CHAIRMEN:



Gábor Szalay
(VI. dan)



Csaba Békássy
(VI. dan)

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DATE: 17-18 September 2022

LOCATION: Monor Városi Sportcsarnok (Sports Hall of Monor)
2200 Monor, Balassi Bálint utca
GPS: Sz. (LAT): 47.355665, H. (LON): 19.434865

CATEGORIES: **Patterns** (Children / Cadets / Juniors / Seniors)
Sparring (Children / Cadets / Juniors / Seniors / Advanced Seniors)
Special Techniques (Juniors / Seniors / Cadets / Seniors)
Power Breaking (Juniors / Seniors / Cadets / Seniors)
Pre-arranged Free Sparring (Juniors / Seniors)
Team Patterns (Juniors / Seniors)
Team Sparring (Juniors / Seniors)
Team Special Techniques (Juniors / Seniors)
Team Power Breaking (Juniors / Seniors)

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AGE DIVISIONS:	Children:	Born in and after 2012 (under 10 years of age)
	Cadets:	Born in years 2008 - 2012 (10-14)
	Cadets1:	Born in years 2010 - 2012 (10-12)
	Cadets2:	Born in years 2008 - 2010 (12-14)
	Juniors:	Born in years 2004 - 2008 (14-18)
	Seniors:	Born years 1986 - 2004 (18-36)
	Advanced Seniors:	Born before 1986 (+36)

Competitors born in a year between categories have the right to compete in both age divisions, but they must pay a double registration fee. Advanced seniors (+36) are separated from seniors (18-36) in individual sparring ONLY. In the other competition categories they compete with seniors.

MINIMUM
BELT LEVELS:

Individual:	Children and Cadets:	patterns - 9th gup sparring - 8th gup
Team:	Juniors, Seniors and Advanced Seniors:	8th gup
	Juniors and Seniors:	8th gup

ENTRY FEE:

Individual:	Juniors, Seniors and Advanced Seniors	30 EUR/competitor (incl. all individual categories)
	Children and Cadets	25 EUR/competitor (incl. all individual categories)
Team:		30 EUR/team

For team members entering only team categories: 20 EUR/competitor

DEADLINES: Pre-registration, umpire registration:

9TH SEPTEMBER 2022. FRIDAY 23:59

Modification: 14th September 2022 Wednesday 23:59

ATTENTION!

Pre-registration must be completed by all clubs until the first deadline. We can only accept modifications (injuries, illness, etc.) from these clubs ONLY. After the modification deadline we can only make amendments for 10 EUR/modification!

REGISTRATION:

AS BEFORE, THIS YEAR REGISTRATION WILL BE COMPLETED ONLINE AGAIN, FOR WHICH YOU WILL FIND THE LINK ON OUR WEBSITE. PLEASE FOLLOW OUR WEBSITE AND FACEBOOK PAGE FOR UPDATES.



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WEBSITE: <http://www.eaglescup.eu/>
FACEBOOK PAGE: <https://www.facebook.com/eaglescup.hungary>
FACEBOOK EVENT: <https://www.facebook.com/events/759693038517045>

TERMS AND CONDITIONS: Age and belt restrictions according to the invitation
Valid medical permission (not older than 6 months for youth divisions,
not older than 12 months for seniors)
Standard ITF dobok (colored fist ITF logo on the dobok is a must)
Taekwon-do pass / ID card
Registration sent in time
Payment of the entry fee
Insurance

PROTEST: According to the rules of ITF. Protest fee: 30 EUR. Each protest must be submitted in writing in English or Hungarian language on the official protest form and presented to the Umpire Committee by the coach of the competitor only, within five (5) minutes from the end of the match. In case of finding the protest justified, the protest fee will be reimbursed.

WEIGHT CHECK: In individual sparring categories all the competitors should register in their own weight groups. Competing in other weight groups is not allowed.

MERGING: If we have only one competitor in a sparring category - according to the registrations - we merge this category with the closest one. If the competitor and his/her coach refuse this option, the competitor will get his/her gold medal, but the result is not counted in the final ranking of competitors and clubs.

AWARDS: Individual and team categories: gold, silver, two bronz medals
Best club (by individual and team points)

- Individual: gold 3 points, silver 2 points, bronze 1 point - when the category consists of at least 4 competitors
- Team: gold 5 points, silver 4 points, bronze 3 points

REFEREES: Teams registered for the competition with 6 competitors or more must delegate their own umpires.

1-5 competitors - optional
6-14 competitors - 1 umpire
15+ competitors - 2 umpires are mandatory to be registered.

Clubs failing to adhere to the above rules must pay 100 EUR of penalty fee.
Important: the registered umpire does not have to belong to your club, you



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can ask other clubs' umpires to attend on your club's behalf! The final umpire team will be selected by the Umpire Committee of the event after the pre-registration deadline. (Important! The registration of the umpires must be completed not later than 9th September!)

After reaching the necessary number of umpires the Umpire Committee may refuse the umpire application, in which case the team does not have to pay the penalty fee.

AGE GROUPS: In the categories of children the responsibility is fully borne by the coach of the competitors (of allowing too small or too young children to compete).

INSURANCE: All the competitors must have a valid sport insurance. The responsibility is fully borne by the coach.

ACCOMMODATION: You need accommodation for the duration of the event - we are happy and prepared to help you to find the best solution.

RULES OF THE ROUND-ROBIN SYSTEM

The competitors of the categories (pattern, sparring) will be divided into groups of maximum 5 persons with seeded draw. In every group every competitor of the group should fight with every competitor. The **two** best competitors of the group will get into the pyramid system elimination round. The two best ones from one group will be seeded to the opposite branch of the pyramid elimination table. The result of the pyramid system elimination will be the result of the category. In categories where there are only 2 competitors registered, the match will be a final match (with the length/number of rounds/patterns according to the category). Where there are 3-5 competitors registered for a category, the result of the round-robin round will be the final result of that category.

The Organizers have the right to change the rule to pyramid system if necessary (in case of a high number of competitors on the event).

INDIVIDUAL EVENTS

Age divisions: Competitors born in years in between two age groups have the right to compete in **both age divisions but they have to pay a double registration fee**. Advanced seniors (+36) are separated from seniors (18-36) in individual sparring **ONLY**. In the other competition categories they compete with seniors.



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PATTERNS

- Children:** 3-2-1. gup,
6-5-4. gup,
9-8-7. gup
- Cadets:** I. dan (Chon-Ji - Kwang-gae)
3-2-1. gup,
6-5-4. gup,
9-8-7. gup
- Juniors A:** I. dan (Chon-Ji - Ge-Baek),
II. dan (Chon-Ji - Juche)
- Juniors B:** 4. gup - 1. gup
- Juniors C:** 8. gup - 5. gup
- Seniors A:** I. dan (Chon-Ji - Ge-Baek),
II. dan (Chon-Ji - Juche),
III. dan (Chon-Ji - Choi-Jong),
IV.-V. dan (Chon-Ji - Moong-Moo)
VI.-VII. dan (Chon-Ji - Moong-Moo)
- Seniors B:** 4. gup - 1. gup
- Seniors C:** 8. gup - 5. gup

The event takes place in a **round-robin** system, supported by a *seeded* draw. In the qualifying rounds all competitors must perform ONE designated pattern, in the finals the competitors perform TWO designated patterns. For colored belts the designated pattern cannot be higher than the pattern of the competitor's actual belt degree. **In IV-V degree and VI-VII degree categories in case of not enough competitors, the categories might be merged, as well as the male-female categories.**

SPARRING

Children girls (kg):	-25, -30, -35, -40, +40
Children boys (kg):	-28, -33, -38, -43, +43
Cadet girls (kg):	-30, -36, -42, -48, -54, +54
Cadet boys (kg):	-36, -42, -48, -54, -60, +60
Junior females (kg):	-45, -50, -55, -60, -65, +65
Junior males (kg):	-50, -56, -62, -68, -75, +75
Senior females (kg):	-50, -56, -62, -68, -75, +75
Senior males (kg):	-57, -63, -70, -78, -85, +85
Advanced senior females (kg):	-55, +55
Advanced senior males (kg):	-68, -78, +78



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at the same time. If the competitor does not show up when called, he/she will get ZERO points to the technique after a 1-minute waiting time. Except for competitors competing in two age categories, but they should not be in delay for unnecessarily long time.

Techniques will be performed with a breaking frame unit. After performing the five techniques, the final score will be obtained by adding up the points gained for each technique.

Minimum height levels

	Twimyo nopi ap cha busigi	Twimyo dollyo chagi	Twimyo ndae dollyo cha	Twio dolmyo yop cha jirugi	Twimyo nopi yop cha jirugi
Junior female	170	150			70
Junior male	200	180	170	160	90
Senior female	180	160			80
Senior male	210	190	180	170	100

CHILDREN and CADET:

Only one special technique for both children and cadet categories will be performed: Twimyo nopi yop cha chirugi.

The technique should be executed for one target hanging down. The starting height will be decided by the jury president based on the average height of the competitors. The competitors should execute the technique one by one. Each competitor may try to break twice. The successful competitors carry on competing, with the height of the target being raised by 5 cm after each round. The event is concluded when there is only one successful competitor left.

POWER BREAKING

Children and cadets will have a chance to compete in a power measurement category, using a power cell target (see details below). Power breaking for juniors and seniors will be performed as follows. Each competitor should choose the starting amount of the breaking boards for each technique, which has to be given in the registration form by the final registration deadline. Breaking boards have two types: WHITE (4 points, half-broken 2 points) - HALF BLACK board (2 points, half-broken 1 point). The WHITE boards can be selected in any amount, but **only one HALF BLACK board** can be included per technique.

E.g.: Female Songkal taerigi. The competitor's chosen number of boards is one white and one half



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black board. Upon successful breaking the competitor gets 4 (broken white) + 2 (broken half black) = 6 points. For an unsuccessful, invalid attempt the competitor gets 0 points. For not complete success, e.g. the white board is not completely broken, but the half black is broken, the competitor gets 2 (half-broken white) + 2 (broken half black) = 4 points.

In the event of a tie the Jury President will select one technique from the list by drawing to be the tiebreaker. The number of boards will be decided based on ITF rules (see appendix #1). Tiebreaking will continue based on ITF tiebreaking rules.

Male:

1. Ap Joomuk jirugi
2. Songkal taerigi
3. Yop chagi
4. Dollyo chagi
5. Badae dollyo chagi

Female:

1. Songkal taerigi
2. Yop cha chirugi
3. Dollyo chagi

Techniques will be performed with a breaking frame unit. After performing the five (three) techniques, the final score will be obtained by adding up the points gained for each technique.

Children and cadets will have a chance to compete in a power measurement category.

In this category, cadet competitors can use a hand and a leg technique to hit the power cell target. After performing the technique, the power level of the strike will be displayed. The competitors can hit the target two (2) times per technique. The higher power level of the 2 techniques will be summarized. The competitor with the highest score will be the winner.



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TEAM EVENTS

Age divisions: Competitors born on the year between age divisions have the right to compete in both (junior and senior) age divisions but cadets are not allowed to compete in junior teams!
More than one team per club is allowed to enter the competition.

TEAM PATTERNS

Minimum grade: 8. gup

Number of competitors in a team:

Junior female: 3-5 people
Junior male: 3-5 people
Senior female: 3-5 people
Senior male: 3-5 people

There is no obligatory assigned pattern for this event.
Optional pattern:

Juniors: optional from any of the 24 patterns of ITF Taekwon-do
Seniors: optional from any of the 24 patterns of ITF Taekwon-do

There are two rounds in this event. The first round is the group stage, where teams perform one optional pattern. The four teams with the highest score qualify for the knockout stage (the finals). The team with the highest score will be up against the team with the 3rd highest score and the team with the 2nd highest score will be up against the team with the 4th highest score. In the finals the teams only perform one optional pattern. *The optional pattern can be any of the 24 patterns of ITF Taekwon-do regardless the grade of the members in the team.*

TEAM SPARRING

Minimum grade: 8. gup

Number of competitors in a team:

Junior female: 3-5 people
Junior male: 3-5 people
Senior female: 3-5 people
Senior male: 3-5 people



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Knockout system is applied during this event, supported by a draw. The ITF Light contact system will be used. Sparring time is 2 minutes per match. All competitors are required to wear protective equipment that complies with the ITF rules, as in individual sparring - the red team wearing red head guards, the blue one, blue. For every round won the team shall get two (2) points, the draw is one (1) point (as per 'old' team sparring rules). If a team has 3 competitors and the other team has 5 competitors, then the team of 3 has two "lost" fights, and so 4 points go to the other team with the 5 competitors.

TEAM BREAKING

Team Special Techniques and Team Power Breaking will be executed with the same rules as the individual events. Each team member will set their own heights and quantities based on minimum numbers, which has to be given in the registration form by the final registration deadline.

SPECIAL RULES FOR COVID SITUATION

Local and nationwide regulations shall apply for all participants on the event!

Martial arts equipment will be on sale in the hall (Mightyfist), as well as event T-shirt, original team T-shirts and martial arts T-shirts.



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SCHEDULE (PLANNED)

16 September 2022. Friday

17:00-20:30 Registration, weight in for clubs from abroad and from around Budapest.
Location: **SASOK SPORTCENTRUM (ONLY on FRIDAY!)**
Address: 1101 Budapest, Hungária körút 5-7.

17 September 2022. Saturday

07:00 registration, weigh-in
08:30 coach and umpire meeting
09:00 opening ceremony
09:30 CHILDREN-CADET
patterns qualifying rounds and finals
sparring qualifying rounds and finals
JUNIOR special techniques (individual and team)
13:00 lunchbreak, medal awarding ceremony
14:30 CHILDREN-CADET-JUNIOR-SENIOR
patterns qualifying rounds and finals
sparring qualifying rounds and finals
special techniques
pre-arranged free sparring
team patterns
19:00 medal awarding ceremony

18 September 2022. Sunday

07:30 registration, weigh-in (JUNIORS-SENIORS)
08:30 coach and umpire meeting
09:00 JUNIOR-SENIOR
patterns qualifying rounds and finals
pre-arranged free sparring
team patterns
sparring qualifying rounds and finals
special techniques individual and teams
power breaking individual and teams
13:00 lunchbreak, medal awarding ceremony
14:30 JUNIOR-SENIOR
sparring qualifying rounds and finals
team sparring
special techniques individual and teams
power breaking individual and teams
19:00 medal awarding ceremony

WISHING ALL THE COMPETITORS AND THE COACHES
SUCCESSFUL PREPARATION FOR THE EVENT!

Sasok Sports Club and Zen Power Taekwon-do Club

